Green Roof Technology – Materials, Performance and Design

Karen Liu, Ph.D. Xero Flor International



Baptist University, October 11th, 2010

Green Roof, Eco Roof, Roof Garden?

specialized roofing system that supports vegetation growth on rooftops





Green roofs in Europe

Roof garden in Japan



Intensive Systems



Fairmont Waterfront Hotel, Vancouver

(xeru

Features

- Deep soil (>200 mm)
- Heavy weight (> 300 kg/m²)
- Traditional garden plants and shrubs
- Favourable conditions
- High maintenance
- Park-like setting

Extensive Systems



401 Richmond, Toronto

xen

Features

- Shallow medium (<200 mm)
- Light weight (< 300 kg/m²)
- Grasses, sedums and herbs
- Harsh conditions
- Low maintenance
- Ecological setting

Multiple Benefits for Urban Areas



Long Term Care Facility, Toronto

- Reduce energy demand
- Mitigate urban heat island
- Reduce stormwater runoff
- Improve air quality
- Replace displaced
 landscape
- Enhance biodiversity
- Provide recreational spaces

LEED Credits for Green Roofs

Full Credits (3 possible points)

SS 7.2 Heat Island Effect, Roof (1)

SS 6.1&6.2 Stormwater Design (1-2)

Contributing Credits (12 possible points)

- EA 1 Optimize Energy Performance (1-2)
- SS 5.1&5.2 Site Development (1-2)
- WE 1 Water Efficient Landscaping (2-4)
- MR 4 Recycled Content (1)
- MR 5 Regional Materials (1)

RP 1

Regional Priority (1-2)



SS Credit 7.2 Heat Island Effect: Roof (1)

- Intent: Reduce heat island to minimize impact on microclimate and human and wildlife habitat
- Req.: Install combination of high albedo and vegetated roof surfaces to meet the criteria: (A_{SRI}/0.75) + (A_{GR}/0.5) >= A_{TOTAL}
- Design Strategies:
 - Plants lower heat island effect through evaporative cooling and reduction of heat absorbing surfaces
 - High vegetation coverage maximizes benefits
 - Sufficient moisture available for cooling effects

Urban Heat Island





Source: Urban Heat Island Group, LBNL

Urban Heat Island Mitigation

Temperature Change with Green Core & Roofs- Evapotranspiration 1300 Hrs, June 29, 2000



Source: Environment Canada

Green Roof Thermal Study – Michigan State University

July 2006, 3pm Ambient Temp = 30.9°C

| <u>(</u> | Gravel Ballast | Vegetated Roof | |
|------------------|----------------|----------------|--|
| 1m above surface | 32.2°C | 31.5°C | |
| On surface | 50.1°C | 36.6°C | |
| On roof material | 47.9°C | 35.6°C | |
| In building | 33.1°C | 28.5°C | |

Source: Michigan State University

SS Credit 6.1 Stormwater Design, Quantity Control (1)

- Intent: Limit disruption of natural water hydrology by reducing impervious cover and increasing on-site infiltration
- Req.: Implement stormwater management plan to promote infiltration and reduce site runoff
- Design Strategies:
 - Maximize medium depth within structural limit
 - Use high-performance water retention layers
 - Work in conjunction with other stormwater management measures

Green Roof Field Monitoring - BCIT



(xeru

Source: BCIT

Stormwater Runoff Retention - BCIT



Source: BCIT

Stormwater Runoff Retention - BCIT



Source: BCIT

SS Credit 6.2 Stormwater Design, Quality Control (1)

- Intent: Limit disruption and pollution of natural water flow by managing stormwater runoff
- Req.: Use BMPs to treat runoff from 90% of average annual rainfall, remove 80% of the average annual post development total suspended solids from it
- Design Strategies:
 - Use water retention layers to retain runoff and filter fabric to capture its suspended solids
 - Use "clean" substrate and avoid over-fertilizing
 - Consider specialized "soil-less" substrate

Energy & Atmosphere

EA 1 Optimize Energy Performance (1-2)

- Intent: Increase energy performance above the baseline in the prerequisite standard to reduce impacts associated with excessive energy use
- Strategy: Green roofs (and other measures) reduce energy use for space conditioning of buildings
- Contributions from green roofs:
 - Increase energy efficiency of roofing system and reduce building energy use



Eastview Community Centre, Toronto





Eastview Neighbourhood Community Centre, Toronto

Roof Membrane Temperature



Source: NRC-IRC

Energy Efficiency



Source: NRC-IRC

Roof Service Life Extension

- Reduce heat aging
- Reduce thermal cycling
- Reduce ultra-violet degradation
- Reduce physical damage (e.g. foot traffic & hail)
- European experience: green roof last twice as long



WE 1 Water Efficient Landscaping, Reduce by 50% (2) No Potable Water Use or No Irrigation (4)

- Intent: Limit or eliminate the use of potable water or other natural water resources for landscape irrigation
- Req.: Reduce irrigation using potable water by 50% from mid-summer baseline; no permanent irrigation systems; temporary for plant establishment only.
- Design strategies:
 - Drought tolerant plants (sedums & succulents) and vegetation mats to reduce irrigation needs
 - Use high performance water retention layers



Water Retention Layer – Hygroscopic Slab



REM-06, Xero Flor Canada

Principal Components



Plant-in-Place Method

6" Depth, 25 lb/sqft system (K. Scholz-Barth)





Pre-Grown Vegetation Mats





Xero Flor Cultivation Field – Princeton, ON, Canada

Pre-cultivated Vegetation Mats

Xer





Installation - Materials





Installation – Base Layers





Installation – Vegetation Mats



m (XCPO

Crew = 4; Area = 800 m²; Time = 2 days





Basic Xero Flor Green Roof System



Plants for Extensive Green Roofs

- Contributes to various benefits of green roofs
- Selection considerations
 - Climate hardiness zone, wind, precipitation
 - Harsher/extreme conditions on rooftops
 - Hardy, drought tolerant, minimal nutrient needs, self-generating
 - Low maintenance
- Irrigation and Fire hazards
- Low maintenance ≠ No maintenance



Typical Plants - Succulents



(xero

HK green roof plant trial

Natural Habitat of Sedum



Sea-to-Sky Highway, BC, Canada

Native Plants

- Increased use of native plants on green roofs
- Lower plant maintenance
- Promote biodiversity on green roofs
- Not all native plants do well on green roofs – check natural habitats





Flowering perennials on green roofs



Mosses

- Retain runoff
- Improve air quality
- Enhance biodiversity





Mosses, Vancouver, BC, Canada

Water Retention Comparison

| Components | Thickness | Dry Weight | Saturated Weight | Water Retention |
|--|---------------|-----------------------|-----------------------|--------------------|
| Typical Lightweight Growing Medium | 25 mm 1.0" | 15.4 kg/m² 3.1 psf | 24.8 kg/m² 5.1 psf | 9.3 L/m² 0.37" |
| XF159 Water Retention Fleece | 10 mm 0.4" | 1.2 kg/m² 0.2 psf | 10.3 kg/m² 2.1 psf | 9.1 L/m² 0.36" |
| XF107 Hygroscopic Roll | 25 mm 1.0" | 1.6 kg/m² 0.3 psf | 23.9 kg/m² 4.9 psf | 22.3 L/m² 0.88" |



XF301 Pre-cultivated Vegetation Systems

| Water Retention Layer | Build up Height | Saturated Weight | Water Retention Capacity |
|---|--------------------|---------------------|-----------------------------|
| XF159 Moisture Retention Fleece | 56 mm 2.2" | 49 kg/m2 10 psf | 27 L/m2 1.1" |
| XF159 (2) Moisture Retention Fleece | 66 mm 2.6" | 59 kg/m2 12 psf | 36 L/m2 1.4" |
| XF107 Hygroscopic Roll | 70 mm 2.8" | 62kg/m2 13 psf | 40 L/m2 1.6" |
| XF107S Hygroscopic Slab | 105 mm 4.2" | 94 kg/m2 19 psf | 67 L/m2 2.6" |
| Kero flor | | Design Load | |

XF301 with Hygroscopic Slab XF107S



xervflor

REM-06, Xero Flor Canada





Staring from:

Buildup Height = 60 mm (2.4") Saturated Weight = 59 kg/m² (12 psf) Retention Capacity = 28 L/m² (1.1")





XFC cultivation field, Princeton, ON, Canada





Bus Depot, Germany



(xero,

Bus Depot, Germany

Case Study – Ford Green Roof

Courtesy: Don Russell (Xero Flor America) Joy Schmidt (Xero Flor Canada)



World Largest Green Roof – 10.4 acre Ford Rouge Plant, Dearborn, Michigan



Tere flor

Business Case on the Green Roof

- Federal legislation may require companies to clean stormwater before discharge.
- Our site is heavily built-upon. Stormwater runoff causes flooding, shutting down key operations.
- A main goal in our site renovation is to reduce and clean stormwater runoff.
- Our business comparison included the potential cost of installing a stormwater treatment facility.



Why Ford Consider A Green Roof?

- The roof is one component of a site-wide stormwater management program.
- It minimizes and cleans stormwater runoff.
- It provides a habitat for birds and bees.
- Its vegetation absorbs carbon dioxide and releases oxygen.
- It increases the roof's lifespan.



Roof Design Issues

- Structural steel needs are increased.
- Water and root resistant membranes are important concerns.
- Future roof maintenance requirements should be minimal.
- Roof penetrations should be possible later.



Initial Research

- Trials were conducted at Michigan State University
- First plan was to develop a system in association with McDonough-Braugart
- A modular tray system was evaluated
- Native plants were compared with sedums
- Substrate mixtures were evaluated



Comparison – Sedums & Native Plants



Knowledge Gained

- Topsoil is not a necessary substrate component
- Weed tolerance increases with substrate depth
- Water retention is a function of substrate depth
- Modular trays are difficult to manipulate / heavy
- No need for Ford to reinvent the wheel



Xero Flor System is Selected!

- It is a lightweight, extensive system
- The German company has a long history
- Vegetation mats are grown at ground level
- Roof placement compares to installing turf
- Challenge growing and installing the vegetation in one season



XF Green Roof System

FORD ROUGE CENTER LIVING ROOF DESIGN

Sedum plants _____ Trap dust, absorb carbon dioxide, release oxygen and create habitat

Vegetation blanket— A semi-organic material containing shale, sand, peat, compost and dolomite

Fleece-

A felt-like absorbent mat of mineral wool that holds water

Drainage layer-

Root-resistant membrane— Protects the underlying roof from water and root damage 2.5" to 3"

Tere flor

Cultivate Vegetation Mats on Site



(xero flor

Harvesting Vegetation Mats



<u>(xero</u>

Pallets Awaiting Shipment



(XGR

Transport of Pallets onto Roof



(xero fl

Installation of Root Barrier



(XGI

Installation of Base Components



Transport of Materials with Carts



(xero

Installation of Vegetation Mat



(Kero llom

Temporary Irrigation System



(xeru

Complete Coverage!



(Rero flor

Promote Biodiversity of Plants



Restore Habitats for Birds & Insects



Ere flor

Home to Birds and Insects



Biodiversity Study (2009)



(xero flor

Thank You!

Karen Liu karen.liu@xeroflor.ca 1-778-737-4661

www.xeroflor.com www.xeroflor.ca www.xeroflora.com



